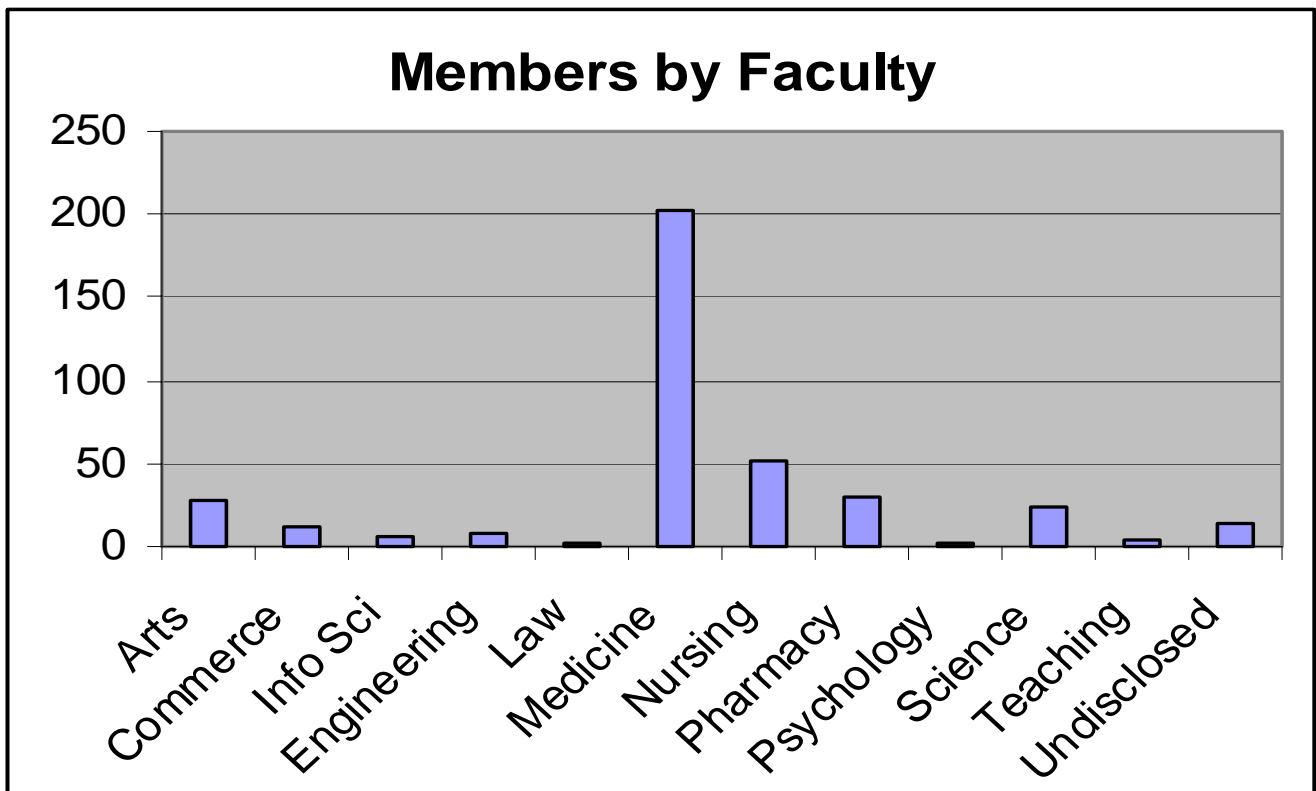
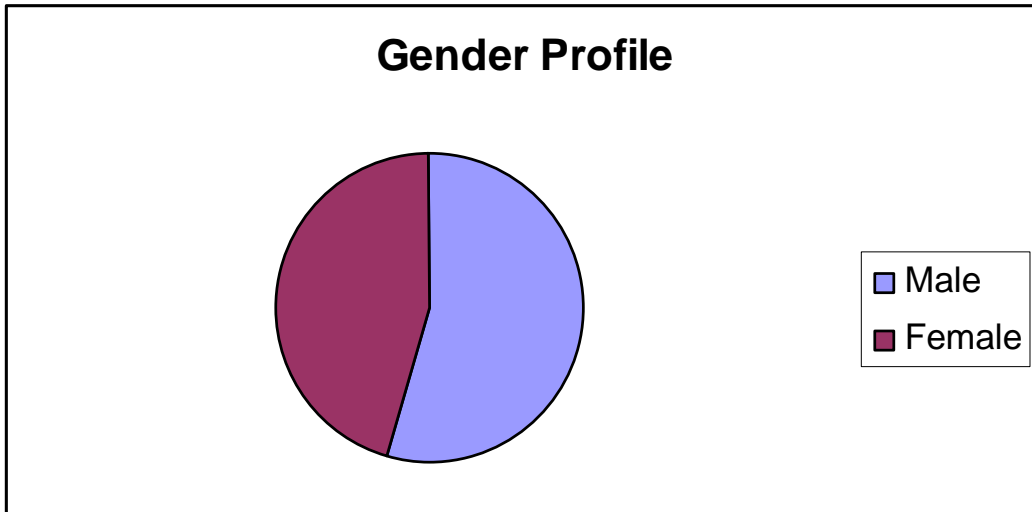


Rustica

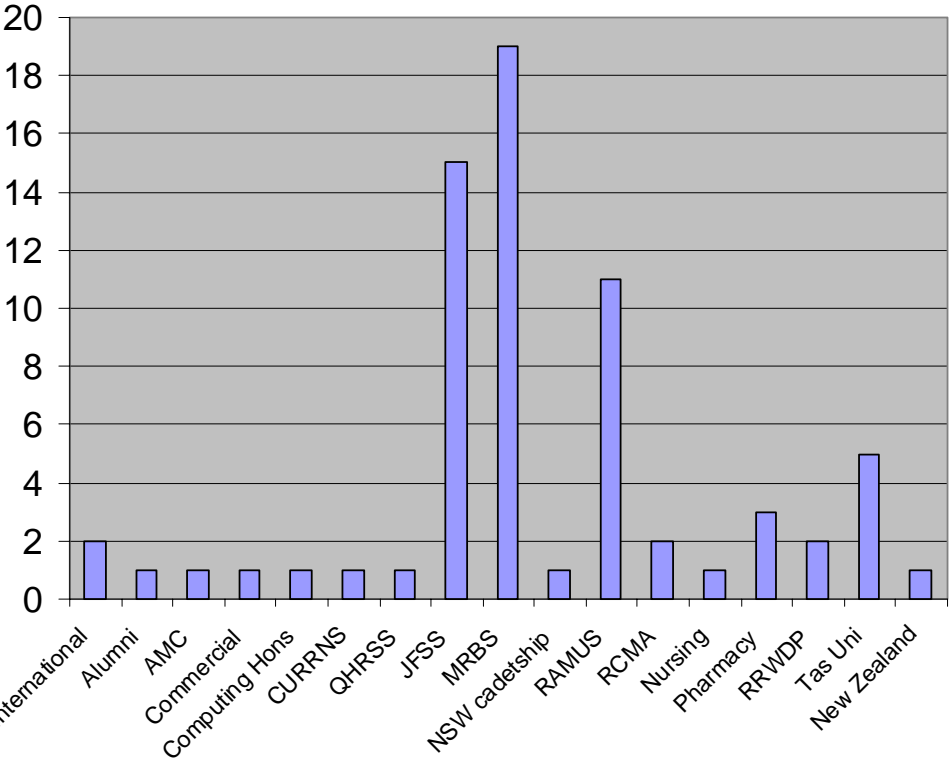
Half Yearly Report

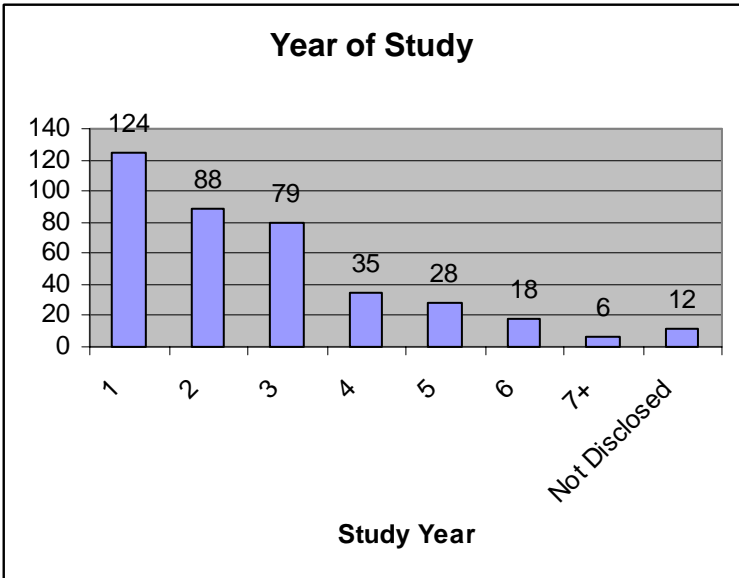
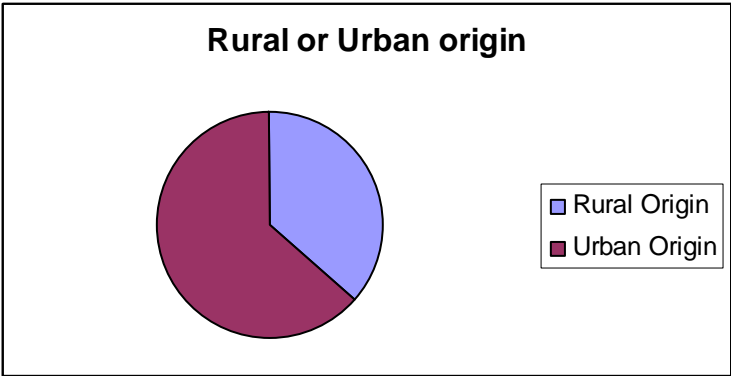
June, 2003

Demographics



Scholarships held by members





Financial Statement Jan 1 – Jun 30, 2003

		Last Year
Jan through June 2003	2003 to June	2002 to June
Income		
Memberships		
Adjustments	\$100.08	\$0.00
Memberships South	\$2,133.85	\$1,486.20
Memberships North West	\$75.00	\$40.00
Memberships Launceston	\$325.00	\$320.00
Activities		
Social Functions	\$60.00	\$1,095.70
Skills Nights	\$38.85	\$298.00
Information Sessions	\$21.55	\$284.40
Club Clothing Sales	\$0.00	\$80.00
Donations	\$0.00	\$174.00
Camps / Excursions	\$0.00	\$1,191.00
Grants Received		
RUSC	\$11,500.00	\$5,000.00
UDRH	\$10,000.00	\$15,340.00
Bank Interest In	\$0.00	\$1.88
Total Income	\$24,254.33	\$25,311.18
Expenses		
Office Expenses	\$28.95	\$169.63
Admin duties	\$302.00	\$0.00
Advertising	\$975.69	\$402.80
Telephone	\$67.69	\$0.00
Printing	\$700.15	\$1,029.92
North West Branch	\$879.30	\$1,962.88
Launceston	\$410.76	\$512.42
Dues & Subscriptions	\$34.00	\$0.00
Bank Fees	\$163.16	\$46.00
Employment Expenses		
Agfest & Promo Events		
Travel costs	\$50.00	\$237.00
Accommodation	\$253.64	\$30.91
Activities Costs		
Social Activities	\$3,133.81	\$2,404.89
Skills Nights	\$492.46	\$800.50
Info Sessions	\$453.71	\$1,189.30
Camps / Excursions	\$40.80	\$2,801.82
CME Weekends Travel	\$227.50	\$325.00
Conferences	\$4,229.00	\$544.39
Club Meetings	\$207.30	\$304.04
Donations	\$20.00	\$0.00
Adjustments	\$100.00	\$0.00
Total Expenses	\$12,769.92	\$12,761.50

Activities summary, Semester 1, 2003

Overview

Rustica is thriving again, with almost 400 members : 1/2 med, 1/3 nursing and allied health, the rest various disciplines. Multiple year sign-ups were introduced this year and have proved very popular particularly in years 1 – 3. This reduces membership cost and reduces repeated annual administrative and recruiting effort. The 3 northern branches are consolidating their inaugural work done in 2002 and student involvement is steadily increasing. This is what we've done so far this year.

National Association of Pharmacy Students of Australia Congress (NAPSA) - Adelaide, January

The NAPSA congress was a very valuable experience. There were speakers from very senior levels within the profession including the National President of the Pharmaceutical Society of Australia, Executive Director of the Society of Hospital Pharmacists of Australia, Chair of the Pharmaceutical Benefits Advisory Committee, National President of the Pharmaceutical Association of Australia in addition to many experienced practitioners and researchers.

A number of topics were covered during the congress, these being

- Role of pharmacy and pharmacy services in the future
- The future of drug subsidy and availability of quality medication and care
- Issues facing rural practice and their communities
- Issues facing indigenous health and its delivery
- Role of pharmacists as facilitators in the Divisions of General Practice
- Role student bodies like NAPSA can augment change in the profession

I will elaborate on the discussions on rural health at the congress. The deficiency of pharmacists in rural areas was highlighted, and the stress this places on existing practitioners and the opportunities for them to take holidays, undertake continuing professional education and the delivery of good levels of care to their patients.

The congress also heard about the great potential for pharmacists if they choose to work, open or buy a pharmacy in a rural location. Delegates were referred to the Rural and Remote Workforce Development Program (RRWDP) of the Commonwealth's Department of Health and Aging and how financial and supporting services (i.e. locum service) are available to practicing pharmacists in rural locations. Speakers also mentioned the greater levels of professional satisfaction, community role offered in country pharmacies as well as the greater profitability experienced in such pharmacies. It was also stressed in rural pharmacy that pharmacists are generalists, and that if we answer the call to work in the country we will get a great diversity in our practice.

Students organised themselves into smaller groups to talk about ways that students and their student bodies could help foster more interest and exposure in rural health issues at an undergraduate level. It was suggested that more options should be made to undertake rural placements interstate if there are not enough places or preceptors to facilitate a rural placement in a student's home state. Also, it was suggested that any School of Pharmacy that does not have compulsory rural placements, should initiate them and that all pharmacy students with an interest should join and become an active member of their rural health club.

In summary, the congress was an excellent environment to learn from those with tremendous experience in their fields as well as for students to compare notes on their differing undergraduate course content and placements undertaken. The National Rural Health Network (NRHN) generously sponsored me to attend the congress.

Orientation Day – 21st February

Rustica gave a PowerPoint presentation to 1st year students in medicine and pharmacy to promote the club and its activities, followed by a BBQ and sign up session.

Societies Day – 26th February

The TUU Clubs and Societies Day is always a huge event and the beautiful weather made this a record year with several thousand students joining up with the 100+ clubs displaying their wares. Rustica's table was flat out and we signed up 134 people from predominantly medicine, pharmacy, arts and science disciplines, around 25% for the entire duration of their course.

The Rustica team served refreshments to its new members and there were many enquiries about the society and its activities. Many expressed great interest in a student based rural health club which incorporated not only social events but many academic and rural development events.

Welcome Bash (Hobart) – 7th February

With the renovations to the Uni Bar still underway, Rustica had to look elsewhere to hold its welcome bash. We looked no further than The Venue in Hobart's historic Salamanca Place. The night kicked off with the Rustica exec locked outside the complex with food and decorations in hand. On entry, the place was transformed and the happy hour commenced. The Venue then opened their own bar providing affordable drinks to members. Chippies and cheese 'n fruit platters kept people from starving until the BBQ'd goodies arrived. Rockett Nelson entertained the crowd with most of the 130 people attending hitting the dance floor big time.

Rustica gained 64 new members, the welcome night providing an informal occasion with excellent entertainment for students from a wide range of disciplines to meet up. The long term benefits are huge as over ½ the attendees were new to Hobart and/or university and this greatly reduces their social isolation and initiates friendships. Many formed networks outside their course and year group which is fundamental to a successful work and social environment once graduated into the real world.

Welcome BBQ's

Burnie, Newnham and Launceston have hosted welcome events getting the year up and running for their respective branches.

7th National Rural Health Conference - 1- 4 March, 2003

Conference Overview

Set in the plush surrounds of the Hotel Grand Chancellor in Hobart, this two yearly conference attracted close to 900 delegates from a wide variety of professions united by an interest in rural health. The opening ceremony took place on the Saturday evening featuring artistic performances from the Shouting Choir (Wuthering Heights like you've never heard it before!!) and Tasmanian Aborigines, welcomes from the likes of Nigel Stewart (NRHA Chairperson), Senator Kay Patterson and Alderman Rob Valentine and the fantastic keynote speaker Florence Manguyu who is a consultant paediatrician from Nairobi, Kenya, who spoke of the inequalities of health care provision in rural communities in developing countries, especially the plight of the female population. The day was capped off by the welcome reception held on the mezzanine level of the hotel.

Day two commenced with an initial session in the concert hall with the delegates then dispersing to one of eight concurrent sessions, morning tea and then a further eight concurrent sessions with specific themes such as food and teeth, carers in the country and measuring access and isolation. The Sunday Symposium I then attended was entitled the art of healthy community: a Tasmanian retrospective and run by Sue Moss, a local artist. She detailed some of the exhibitions held over recent years that have played a role in community unity, many associated with health issues such as "Spectacular Speculum" and "The Vagina Monologues". Many people attending this symposium said that they had successfully used art projects in their small communities to draw attention to various health issues and bring groups of people together but met a fair amount of opposition for funding. The final academic session of the day was a further concurrent session again with eight topics to choose from. The night's entertainment was titled "A Night at the Theatre" including a circus theatre and a dark comedy act.

Monday started with a group session in the concert hall in which representatives from the NRHN delivered a presentation outlining the role of the NRHN. I then left the hall to attend a meeting of medical rural bonded scholars attending the conference. This gathering provided a chance for participants to meet and discuss aspects of the scholarship payment, how support for scholarship holders can be improved and clarified some of the points in the contract. That night, the much anticipated dinner dance took place at an superbly decorated (see pictures from conference) City Hall which saw many delegates dancing into the night to the tunes of the Giant Hamsters and our own Sparky taking to the stage to belt out a song!!

Tuesday saw the students attending the conference meet up for breakfast. After another packed schedule of concurrent sessions and keynote speakers at the Grand Chancellor the delegates said their goodbyes at the farewell drinks, looking forward to the next NRHC to be held in Alice Springs in March, 2005.

(Please note that Rustica compiled a 24 page report on the sessions attended by its members which is available on request as well as on our webpage)

Scholarship Information Evening – 14th March

The scholarship night was held on Friday March 14, in CSLT 1 at the Clinical School. The evening was well attended by students although total numbers are not available. The following scholarships were showcased by:

Rowan McSwan	NSW Rural Cadetship
Sarah Donoghue	RAMUS
Bob Grey	RFDS Fred Mackay Scholarship
Eddie Vergara	John Flynn Scholarship
Eion Breen	University Scholarships
ADF	ADF cadetships

The Pharmacy Guild and Nursing contacts were invited late and could provide neither a speaker nor written material. However some of the scholarships mentioned were applicable to nursing and pharmacy students.

Material regarding the Queensland Health Rural Scholarship Scheme was also distributed (informally).

Following the presentations drinks and nibbles were served in the Club Med. All speakers were presented with a bottle of wine for their efforts.

Continuing Medical Education Weekend – Orford, March 15/16

Saturday March 15, 2003

The academic session consisted of a workshop and discussion on Paediatric Emergencies. The session was led by Dr. Michelle Williams, which led to a very interactive discussion on current practices on paediatric resuscitation. Issues on different drug administration protocols were heavily discussed. Case studies were used to initiate the discussions and a broad range of situations were used. Topics such as near drownings, burns, meningococcal septicaemia and febrile convulsions were covered. As a student it was interesting to see that the acronym DRABC is still useful even at situations such as paediatric emergencies.

The discussion session was then followed by the paediatric workshops, which involved paediatric intubations, cardiopulmonary resuscitation and interosseous cannulation. The students were involved with these workshops and it was interesting to be shown first hand by rural doctors that have had much experience in the area.

The social sessions were also very interesting and it involved health encompassing activities such as Pilates and massages. A very competitive doctors versus students mini-Olympics was held. It was a well contested event with the winner unofficially being announced as the students.

Peter Barnes provided endless interactive entertainment throughout the dinner, with Rowan the blow-in from Burnie (med5) drawing on his knowledge of Greek myths & legends to clinch the trophy for his table. The whiteboard drawing looked like good old S&M on the deck of a boat to the rest of the guests but this picture had Rowie screaming 'Ulysses' and winning the game - we'll have to do some digging on his murky past.

Sunday March 16

The academic session covered the 3+ visit asthma plan. The presenter was unable to make it so the GP's discussed their experiences of asthma management around the context of the suggested 3+ plan. Main points included:

In the real world the plan is a big ask for doctors to deliver, and somewhat unrealistic regarding patient compliance. The MBS remuneration is adequate but only if practices are efficient in how they deliver the plan.

Spacers, peak-flow meters and non-disposable medications/devices should be on the PBS. The present system where some patients pay, some doctors carry the cost etc is inefficient and impacts on compliance.

Don't miss cat and mould allergy - these are relatively easy and cheap to correct. House dust-mite allergy is much more expensive to address so the other 2 should be excluded first.

Wrap Up

Students then met with the Rural Workforce Agency and discussed ways to form closer ties between the RWA and the student body, particularly those students more interested in finding out about rural health care delivery. Rustica will continue to be the prime student contact point for the RWA, RDAT and Tas GP Divisions. We must work at keeping the links current and effective.

We were made welcome to future CME-s and other events and have offered to assist in any aspect of organising these. We also offered to present brief talks on things the rural docs would like to know about our course, aspirations, Rustica activities etc. This was popular and we look forward to a productive CME in September 2003 at Scamander.

Elective Presentation Evening – March 21st

This presentation night was a successful event with over 80 people attending. There were 11 separate presentations which gave a good representation of the different types of placements available during the semester long Advanced Studies (held in 4th year) and 6 weeks long Electives (held at the end of 5th year). It was an enjoyable night which provided the students present with many ideas and tips on organizing their placements. Rustica extends its special thanks to the speakers including Dr. Greg Woods, from the Tasmanian School of Medicine, who gave a great overview of the Advanced Studies and Electives program.

A webpage link from the Rustica website will be set up which will outline some of the details of the presentations. Special mention must also go to Ms. Rosalie Maynard who spoke to the crowd briefly about Rural High School Visits. The night was concluded with light refreshments and the speakers further answering questions from the attendees. The program for the night included:-

- Dr. Greg Woods - Introduction of Advanced Studies and Electives
- Irena Nikakis - Emergency Medicine in Canada through LEC
- Camilla Holdstock - Research in Sweden
- Mark Mather - Emergency Medicine at the RHH and the Royal Flying Doctors Service
- Tess Naidoo - Paediatrics in the Solomon Islands
- Tim Marshall - Honours Research at the RHH
- Victoria Whelan - Travel and Tropical Medicine and Samoa
- Felicity Bennett - Medicine in England and Paediatrics in Sweden
- Alistair Reid - Sports Medicine
- Naomi Tomlinson, Rob Stevens, Prashant Sharma - Medicine in Fiji
- Sara Cameron - Rural Medicine in Tanzania

Clinical Skills Nights :

Northwest Skills Night, April 8th

The Northwest branch of Rustica held a skills night on April the 8th at the North-West Regional Hospital. We had 10 medicine and 8 nursing (4 joined on the night) students attend.

We started off the night with venipuncture, attended by the nursing students and given by one of the students (Rebecca Jackson) who had worked extensively as a blood collector in pathology. The medical students went to a session given by Dr Tom McDonagh on ECG's, defibrillation and cardioversion. All attended the next session given by Dr David Brown, addressing airways. This was a very good session covering the practical aspects of airway management and delivering oxygen to the patient. The last

session was a brief account of managing the at risk psychiatric patient, we had great handouts prepared by Ms Margo Hope.

Afterwards, we ate pizza, enjoyed some refreshing yet healthy beverages and were able to get to know each other better.

Venepuncture equipment kindly donated by Terumo (S Pezzano, 6/417 Ferntree Gully Rd, Mt Waverley)

N W Branch Convenor, Natasha-ann Laidler

Hobart, April 11th

Rustica skills nights are always popular and this year was no exception with over 90 students attending. Free food (some of which ended up on the floor thanks to a dodgy ping pong table!!) was provided in the common room following participation in the stations.

Stations on offer were:

- Cannulation (accompanied by some faints and bleeds!)
- Suturing
- Paediatric Emergencies
- Wilderness First Aid - making do with what you've got in which some people won a prize of a textbook if they were able to score well in a "name this natural feature" quiz
- Immobilization and Retrieval by the Tasmanian Ambulance Service
- Home Medicine Reviews and the Methadone Program

A big thank you to all the presenters:

- Dr Michelle Williams
- Dr Geoff Couser
- Noel Dalwood and David Lighton
- Dr Edi Albert
- Jane Stevens
- Nadine Flanagan, Richard Hodgson and Mark Spearpoint

and also our sponsors:

- Surgimed
- RUSC
- University Department of Rural Health

Statewide meeting and Agfest – 2/3 May

Statewide meeting – 2nd May

We discussed the 4 broad aims of the NRHN for 2003 and ways for us to continue making progress in that direction, namely :

Indigenous curriculum, student numbers and support

IWG to facilitate weekend workshop near Marrawah, NW Tas.

Adventure camp to incorporate half day indigenous workshop.

Action : Burnie branch.

AH&N placement and course support

Newnham branch requires some support facilitating nursing-oriented activities. Action : LGH branch and Hobart.

JFSS & RAMUS issues, recipient involvement in Rustica

Action : Edi V to facilitate group discussions with recipients

RHSchool Visit program implementation

Action : all branches once trial sessions completed by Rosalie Maynard, Elise Coghill, etc. JFSS, RAMUS and rural placed students to deliver

Consolidate progress in other areas. Action : All branches to be more proactive by organizing more events earlier in semester one, with a year plan produced the December before.

Members from Hobart, LGH and Burnie shared ideas for successful activities.

Key Points : Plan, budget, define goals, advertise it well (email, face to face, posters), network with common-interest groups. Get statewide exec approval for budget prior to ordering services etc.

Lisa C organized BBQ for Launceston Sat 3 May.

Burnie to organize Arm River adventure camp

Burnie to follow up NWRCS re funding for extra places at NURHC

This was found to be a valuable exercise in discussing ideas, administrative issues and other matters. It was resolved that three further meetings such as this will be planned for in the future. Next meeting could be incorporated at the adventure camp as there would be a large number of motivated members present, which would include sessions for such a forum.

Agfest, Sat 3 May.

Nine Rustica students assisted with activities and demonstrations in the Rural Health Tent between 9am and 4pm. The tent was the best it has ever looked, bright, colourful and interesting. There were many different activities on offer and the tent was rarely without amused Agfest participants. Activities that were demonstrated included plaster cast making, hand cream making, MMR and tetanus immunization, blood pressure measurements etc. Students were

also made available to answer questions regarding health science courses offered at the University of Tasmania and their experiences thus far.

Contact was made with Rural Youth Tas who previously have not responded to our invitations to meet over the past 2 years. We are hoping to establish some dialogue and assist them in achieving common goals, as their membership and target beneficiaries are 18-30 year old rural people.

This is the third year in a row that the health tent has been the main Agfest story presented on ABC news. Agfest attracts > 60,000 over 3 days. That's 15% of Tassie's total pop.

Launceston Branch BBQ

LGH Report

After a relaxed, laid-back (i.e. *slow!*) start to the year membership-wise things are beginning to click into place up here, and (dare I say it for fear of jinxing things) we seem to have cracked a little way through the apathy. Having said that, some of our Launie troopers have had their hands, minds and livers in Rustica since O-week. Though our representation at the Rustica Welcome was small in number, we were by no means lacking in enthusiasm and a ripper of a night was had by all! Similarly those who made the trip down for the Electives Evening found it worthwhile.... plus we like coming down to catch up with everyone!

Then back up in our end on the state we were able to get our hands dirty in the Rural Health Tent at Agfest, helping out with immunisations, plastering, and making creams for the kiddies. At the statewide meeting held in Launie on May 2nd, we discussed ideas to boost Launceston branch membership, and to encourage the nursing student involvement. Then on Saturday May 3rd we had a BBQ, despite the fact that it's freezing up here at night! We signed up 13 new med members, and a few nursing students came along too which was great. So from here things can only get better! Our member numbers have increased, and we've made contact with the nursing lot so now we're on the prowl for interesting speakers, potential workshop ideas, and basically suggestions for any Rustica shindig you'd like to see run up here in sunny Launceston.

LGH Branch Convenor, Lisa Clarke.

Antarctica Night – 14th May

A very colourful presentation by Geoff Couser FACEM highlighted his role as doctor and cameraman in the Mawson's Hut renovation 'Down South'.

Tas Rural Health Partnership Meeting, Campbell Town, May 21

Tasmanian Rural Health Partnership
The Grange, Oatlands
May 21, 2003

Meeting notes taken by Rustica representatives at meeting – (not official minutes)

* Impact of Tasmania's ageing population was the first item on the agenda. Issues raised include:

- Increasing services and support required for the ageing population. Increased placements in aged residential facilities required. Will the increase in the ageing population be offset by an increase in the younger generation staying in Tasmania as a support workforce? Change in the attitudes of the younger generation over who looks after the older generation is making an impact on this issue. It was then brought up that this shift has been addressed by the emerging increase in facilities that allow for more independent living arrangements.
- A hole in this appears to occur with patients/clients with high dependency and increased difficulties in their management such as behavioural and community support. There is a tendency for agencies to keep these clients on the waiting list.
- Discussions are needed regarding the use of our current resources with the increasing ageing population. This is more pertinent when one keeps in mind that most of the medical resources being consumed are done so by the aged. Resource allocation issues.
- Nursing scholarships need to be more consumer-friendly. Rustica may be able to assist with this issue, Discussions made with Ms. Karen Schnitzerling, CRANA Board of Management member, regarding final year nursing students and postgraduate scholarships.
- Workforce planning – How can medical as well as allied health students be bonded to a rural setting?
- Support of carers and volunteers as resources for the future workforce in the ageing population.
- East coast survey report.
 - o Definition of old was interesting. 90 year olds were denying that they were old. They said that old was those who required the dependency care and that they feared this occurring to them.
 - o Their main concerns were - swimming pool use all year round, maintaining footpaths, preventing falls.
 - o Loneliness and isolation were felt by communities without the volunteer support or other like service, in particular lack of vehicular transport.
 - o Older people were not clear on what services were available.

* UDRH Review by the Healthcare Management Advisors (HMA):

- Rural Teaching Sites – positive comments on the development of the sites by the UDRH. Views expressed by nursing, pharmacy, mental health and medicine have been favourable stressing that it has increased the collaboration between the professions as well as increasing the participation and awareness of the community. This has made significant outcomes on the rural communities. Equity in the support of all students in their rural placement unique to Tasmania, a lot of this due to UDRH.
- UDRH's role in preceptor co-ordination and support. There is a lack in this apart from the support provided by the UDRH, especially among the allied health areas.

- UDRH has been key players in increasing the development of research by medical and allied health rural practitioners and students.
- UDRH has a large role in facilitating the rural experience for students.
- UDRH has been successful because of partnership, multi-disciplinary orientation, communication and community involvement. The willingness for research and to take action. Strong leadership and commitment from those involved with the UDRH.
- Weaknesses – Spreading the resources too far and too thinly.
- In a national level UDRH has to make sure that all their stakeholders are aware of the roles and support available to them, eg. Rural student clubs. UDRH to respond to the unique needs of the communities that they service in order to maximise their outcomes.
- Nine more visits nationwide for the HMA with the review due to finish in August.
- A report to be written and published.

* A separate discussion with Mr. Stuart Riley revealed that in Tasmania, the UDRH assists the students with:

- o Rustica
 - In kind
- o Placement Support Equity (including interstate)
- o Research facilitation and mentoring (also mini-research project)
- o Coursework.

* The Agfest 2003 report was given by Prof. Judi Walker. Agfest stats included:

- 210 tetanus vaccinations
- 60 MMR vaccinations
- 4000 sunscreen
- 400 hand creams
- >1800 I was spotted stickers

Generally, it was a most successful event and a more detailed report will be given.

* Healthy Horizons 2003-2008.

- Needs approval from all states and territories.
- Key stakeholders will be furnished with a copy and made available from state government websites.

- Round Table
 - o Action required about disability access throughout Tasmania.
 - o Mediconnect – doctors and pharmacists setting up an opt-in IT program that monitors prescriptions, ie. a centralised patient medication database.
 - o Nursing mentor scheme being developed for undergraduate and postgraduates.
 - o Rustica reported on its 4 main objectives:
 - Rural High School Visits – multidisciplinary approach
 - Graduate Assistance Program
 - Indigenous Curriculum and Enrolments, eg. Cultural awareness program for 1st year nursing students
 - Placement Equity, which is exemplary at the moment.
 - o Prof. J. Walker to step down from her role as Director of the UDRH. Dr. Ian Blue is to follow through from the 1st of August 2003.
 - o Break O'Day program – Psychiatry Intern rural placement.

Planned Activities, Semester 2, 2003

North West Adventure Camp, Arm River, July 26 & 27

Indigenous cultural education, caving, abseiling and white water rafting will make this a weekend not to miss. Informative and action-packed with team-building activities and much more.

Rustica Kickback, Hobart, August 1st 5-8pm

To be held in the uni bar offering drinks at cost, nibbles and the chance for people from different faculties to mingle, swap notes on the semester past and consolidate plans for the rest of the year's activities.

Newnham / LGHospital Skills Night, Launceston, Tues August 5

A combined nursing/medicine/pharmacy skills evening encompassing a number of core competencies for all disciplines.

University Open Days, Launceston 17 Aug & Hobart 24 Aug

Rustica will represent various health care disciplines at these important promotional events held over 2 consecutive sundays.

NURHC, Fairbridge, Western Australia, August 27-31

Sixteen Rustica members will travel to Perth for the 7th National Undergraduate Rural Health Conference, our peak NRHN conference. This is where students and their mentors can make a difference politically by delivering conference outcomes and policy recommendations directly to the health minister within a short time-frame.

Windgrove Visit – September 13-14th

This centre is located overlooking Roaring Beach and combines art, sculpture and relaxation in a beautiful environment. Will visit the Peninsula community health facilities, nurses and doctors on the Saturday, staying at the uni accommodation in Koonya. Windgrove quiet meditation will begin 8 am Sunday followed by breakfast, open discussion on health and world peace and a wander around this incredible property.

CME Weekend at Scamander, East Coast Tas. Sept. 6 & 7

Combined RDAT, RWA function involving around 120 attendees.

Huon Valley Rural Health Week, October 12 - 20

Rustica is planning an interactive presence with the organizers of this inaugural rural event.

North West Activities

Remote health workers, recipients and facilities fact-finding trip, Marrawah and environs.

Health promotion weekend, north-west region. Work with GP's, community gp's etc

Palliative care information night and visit to appropriate centres.

Dr Edi Albert, finding info 'on the net', a hands-on workshop

Will cover maximizing your efficiency using the internet as a resource for robust material for your studies, particularly health-care students.

Dr Michelle Williams' Talk

Dr Williams is a paediatrician at the Royal Hobart Hospital and has offered to talk to Rustica members about combining her career, family and friends.

Rural High School Visit – implement national program into existing activities

UMAT Assistance evening for rural students, Hobart

Rural applicants are mentored by previous UMAT survivors over an informal dinner, accommodated and taken to the exam venue the following day.

Indigenous Evening and Weekend

JFS & RAMUS scholarship feedback session

Rural GP student placement survey

Rustica AGM – October 9th