

Mid- Year Report

June, 2005

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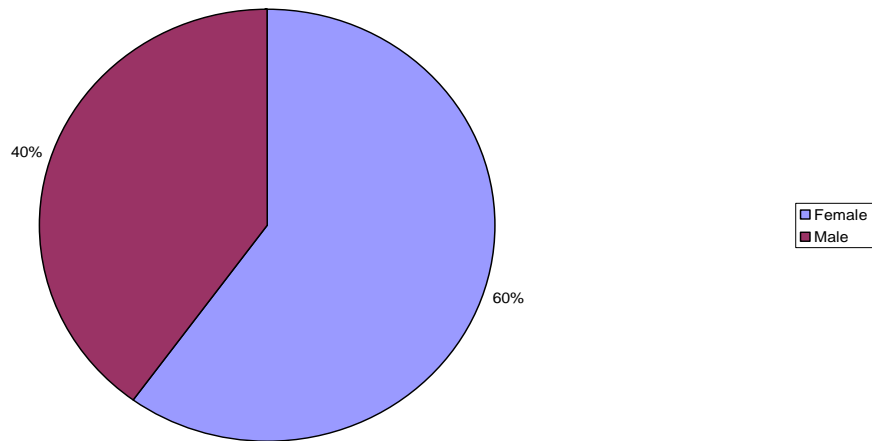
Proposed Activities for Semester 2, 2005

RUSTICA Executive and General Committee

President	Wendy Henderson
Vice-President	Alannah Smith
Treasurer	Joanne Ambrose
Secretary	Andrew Tierney
NRHN Rep	Tim Starkey
ATSI Rep	Matt Spottswood
NRHN Rep. Jnr.	Lenore van der Merwe
Societies Rep	Shannon Withers
Media/Publications	Zoe Ling
RHSV Rep	Robyn Gunson & Kaylee Nash
Pharmacy Rep	Gema van der Vilde
Newnham Rep	Katie Walker
Launceston Rep	Alice Downie & Simon Roberts
North-West Rep	Melanie Wuttke
Scholarships Rep	Jennifer Flynn

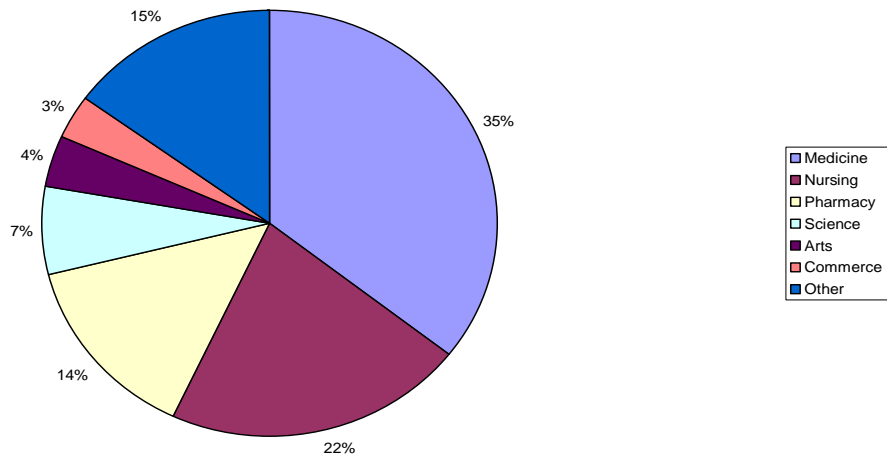
Member Demographics

Gender Profile of RUSTUCA Members (461 samples)



Graph 1: Pie Chart showing the gender distribution (where disclosed) of members in 2005

Members by Faculty

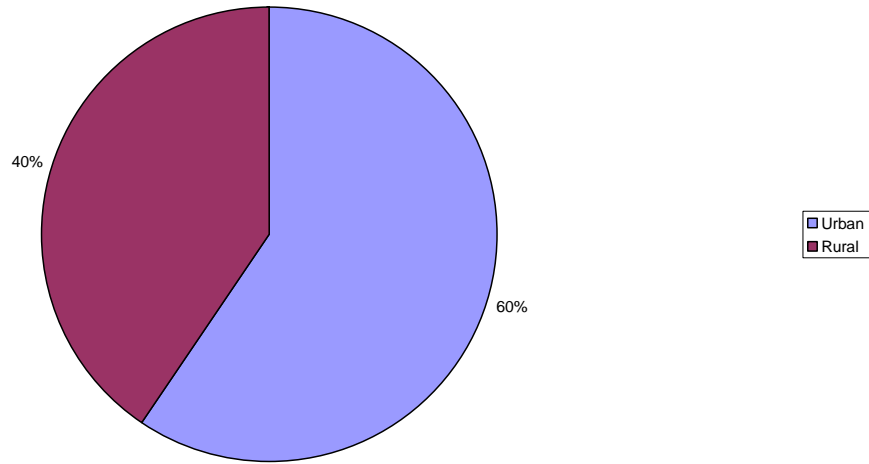


Graph 2: Pie chart showing the faculties RUSTUCA members study within, note that almost $\frac{3}{4}$ of members study within Medicine, Nursing and Pharmacy.

Table 1: Current Scholarship holding members by Scholarship type and frequency. The 5 most common scholarships are Commonwealth Accommodation, Medical Rural Bonded, John Flynn, RAMUS and University of Tas Scholarship (Med) respectively. However there are 17 different scholarships represented by 45 individuals.

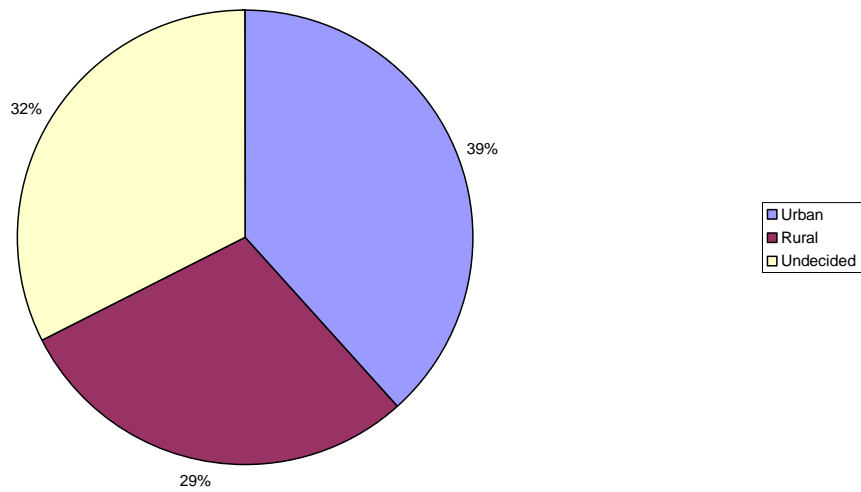
Scholarships Type	No. of Members Holding
Australian Education Scholarship	1
Botswanan Scholarship	3
CECS	1
Commonwealth Accommodation	7
Commonwealth Learning Scholarship	2
John Flynn	6
Medical Rural Bonded	7
MRBS	1
Prem. Of Tas Scholarship	1
Prem. of Tas WNW Bursary	1
Premier of Tas Bursary	1
QLD MRBS	1
RAMUS	5
Rural & Remote Undergradute (Pharm)	1
School of Ag Sci	1
Uni of Tas Scholarship (Med)	5
Uni of Tas Scholarship (Pharm)	2
Total	45

Origin of Members (287 samples)



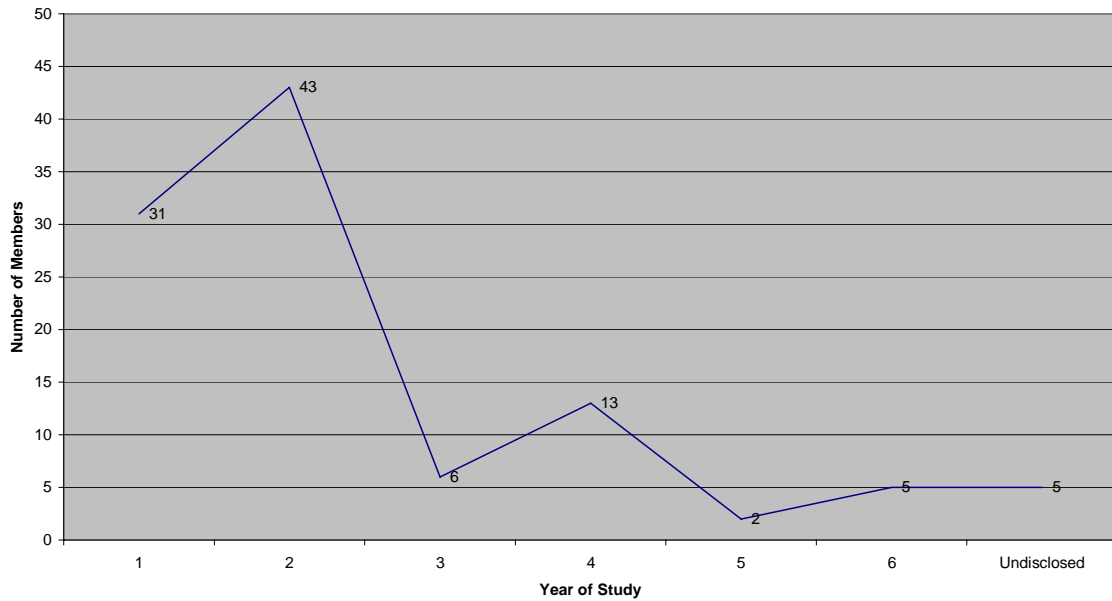
Graph 3: Pie Graph showing the distribution of members originating from Rural and Urban background. Of the 287 responses 40% reflected Rural origins.

Intended Career Location



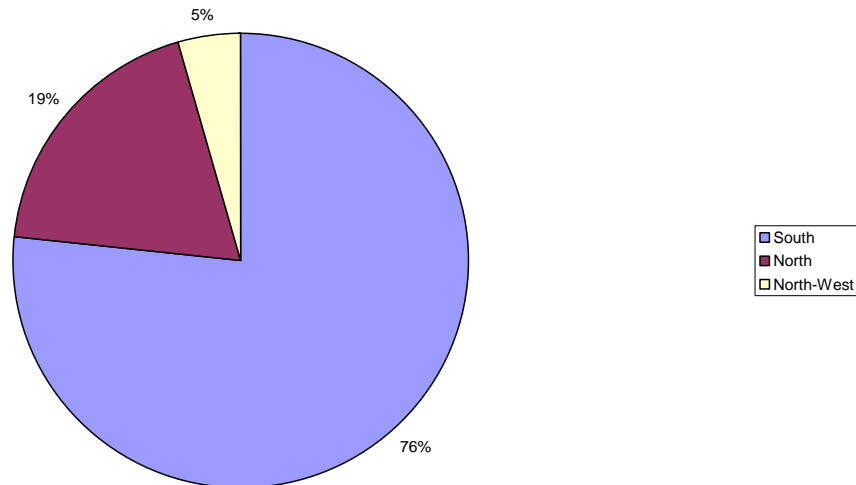
Graph 4: Pie graph showing the distribution of members planning on working in Rural or Urban environments as well as those undecided.

Year of Study for Medical Student Members



Graph 5: Line graph showing the decline in medical student member numbers with increasing years of study. This graph implies that less than 1/4 of those medical students who sign up in first and second years remain members for the second 2/3rds of their degree. However this may also reflect an increase in recruitment of new students.

Members by Branch



Graph 6: Membership by branch. This graph shows that nearly a quarter of RUSTICA members are not based at the Hobart branch.

Activities Summary Semester 1, 2005

Reports

Societies Day February 23rd 2005

RUSTICA participated in the University of Tasmania's Clubs and Societies Day this year on Wednesday 23rd February. Once again, a great day was had by all. The RUSTICA stall remained busy for the length of the event (11.30 - 2.30pm), recruiting many new members (about 200 over the course of the day). This year we were especially successful in recruiting members from non-Health Science backgrounds - an achievement that was no doubt helped along by the great promotional items we had on offer, namely a showbag with bubble blowers, lollies and RUSTICA information, beer that was kindly provided by Boags Brewery, club T-shirts for those that signed up for a long duration and for the first time ever - soft drink holders bearing the RUSTICA name and logo.

It was a great event all up, the whole day ran very smoothly, and I think I can safely say that everyone involved had a great time.

All Branch Camp March 3rd 2005

On the 3rd of March this year, 3 carloads of the Hobart RUSTICA crew headed up state to meet with the Launnie bunch in what was to be the inaugural all-branch camp. On arrival we headed straight out to meet Katie and the others at the Nursing social welcome event, held at the Sportsman's Bar. Drinks and nibbles were enjoyed by all in attendance, and it was great for the two branches to hang out and get to know each other better, in preparation for an exciting year. After the party the crew did a bit of a pub tour round Launnie, seeing the sights and sampling the beverages! We stayed that night in cabins at the Treasure Island Caravan Park. The following morning everyone was up nice and early for the all-branch meeting which was held at the Uni's Newnham campus, thanks to Katie for organising this for us. The morning was filled with planning and idea forming, and the conclusion by all was that the weekend was productive and fun and should be followed up for future years!

Clinical School Signup March 9th 2005

On Wed 9th of March RUSTICA/TUMSS held a co-joint Sign-up Day during lunchtime in Club Med at the Clinical School, Hobart. We signed up 6 new members on the day and processed new cards for over 30 continuing Rustica members. The idea with Clinical School Sign-up Day is to catch the attention of older students who may not be members of Rustica and offer membership to other health professionals working in the hospital. This event also enabled us to keep track of our large long term membership base.

RUSTICA Welcome 11th March 2005

This years RUSTICA welcome was held on the 11th March 2005, at HEAT nightclub. Around 100 people turned up throughout the night from many different faculties. Entry was \$2 for members, and RUSTICA sponsored another \$3 per person, to make up to the \$5 per person required. The cost to RUSTICA for entry totalled \$285. There were about 10 new sign-ups on the night.

Members enjoyed \$1.50 drinks, along with free pizza and DJ's. RUSICA also provided nibbles, costing \$50. A lucky door raffle was held with 1st prize being a \$30 CD voucher, 2nd prize a "RUSTICA cow", and third, an Easter egg. Prizes for games were also provided by RUSTICA and Heat, totalling \$45.

A great night was had by all!

Scholarships Night 17th March

Scholarships Night this year was held at CSL T1 on the 17th of March. Approximately 60 students attended. Speakers for the night included, Jo Ambrose, Eddie Vergara, Anna Nielson (John Flynn Scholarship), Lenore Van der Merwe (Queensland Health Scholarship), Wendy Henderson (RAMUS), Jo Ambrose (MRB Scholarship) as well as representatives from the Royal Australian Defence Force. Information resources were available on University Scholarships, NSW cadetships and MRBS support program. The evening was concluded with free pizza and cheap drinks.

Electives Night 7th April 2005

Electives night was this year for the first time held as a joint venture with IMPACT. The night provided an opportunity for students who had been on their electives to talk about their experiences and the interesting/ exotic places they visited. It was a great night and a good opportunity for people in younger years to hear about other students experiences and maybe gain some contacts. There was a great turn out on the night with over forty students attending. These were mainly third year students but also some second and first year students. Many thanks goes to all the speakers, especially those that travelled from other parts of the state.

RUSTICA First Aid on the Run Camp April 29th - May 1st 2005

Camp Banksia, Port Sorell

2005 saw the introduction of a new and hopefully annual activity to the Rustica Calendar; First Aid on the Run Camp. Following the popular programs previously seen at NURHC, AMSA and other Rural Health Club, Rustica developed a hands-on First Aid weekend full of action and adventure.

On Friday Night over 35 participants from Launceston and Hobart carpoled up to sunny Camp Banksia in Port Sorell on the northern coast of Tassie. Weary travelers were

greeted with a quick introduction to the aims & activities for the weekend before settling down for supper and a movie.

After an early rise on Saturday morning, participants were split into groups of 3 to undertake a 1.5hr skills session in the following First Aid areas:

- Traumatic Wounds: presented by Mike Austin; 3rd yr Medical Student and Paramedic from RHH delighted us with gruesome images and opened our minds to considering mode of injury; it's affect on survival and adequate management.
- CPR: presented by Andrew Griffiths; Clinical Nurse Educator for DEM @ the North-West Regional Hospital in Burnie. Andrew taught us the basics of CPR and Defibrillation including recent updates to Resuscitation protocol.
- Triage & Assessment : Katie Walker; final yr Nursing Student and ex-Army paramedic taught us about head-to-toe patient assessment and how to best approach/manage different emergency situations with multiple casualties
- Techniques for assessing, managing and moving patients with suspected Head and Neck injuries were also covered.

“Disaster Dan” (A.K.A. Rustica Societies Rep; Shannon Withers) keep campers on their toes with mini-emergency-scenarios all day to test responsiveness & correct management.

Saturday night consisted of a glorious roast dinner followed by drinks and Team Games. Participants were split into their Scenario Race teams (approx 2 Medlets and 2 Nurses) and forced to unravel the teamwork mysteries of: table climbing, pictionary, over the river chairs, apple necking, celebrity heads, midnight tiggy, knots with some hilarious outcomes. With everyone leaping straight in, some close group bonds were formed that evening.

Sunday saw our 8 teams of 4 head out into the Scenario Race were they encountered:

- A wandering, confused and eventually comatose Diabetic
- A paralyzing Surfing injury & near drowning
- A multiple casualty Car Crash (with a punch-up!)
- A dangerous Electrocutation scene

Here participants got a chance to hone their First Aid skills and teamwork to provide best management of the Scenarios and hopefully win the race!

Winning team: the Marvels took top honors. Their efforts won them some choice chocolate & gift vouchers. After a yummy lunch and a frolic on the beach, participants then headed home

Overall a great time was had by all, with many helpful suggestions to make this an even bigger and better weekend in 2006.

Oatlands Trauma Course 30th April – 1st May 2005

The Launceston Clinical School ran a two-day trauma course in Oatlands during the last weekend in April. Rustica sponsored a dinner at this very successful event. During the weekend students were taught skills in primary survey in the setting of different trauma scenarios. They were instructed in things such as suturing, chest tube insertion, plastering, intubation and more.

During the course of the weekend 15 new members were signed up. This ranged from Doctors, administrators and students. It was a fun weekend with the weekend finishing

up with a simulated car crash scenario. This is an annually run event and we would like to thank Rustica for their kind donation and hope that they continue to support the event.

End of Semester Luncheon 12th May 2005

On Thursday the 12th of May, Rustica held a pizza and soft drink luncheon for its members. It was held at Sandy Bay Campus to try and encourage the pharmacy, and first and second year medical students to get involved. It was held down in the Chem Pit and members were provided with free pizza and soft drink. The lunch was a huge success, with around 80 people turning up for the event. It was just a cruisy event with a chance for everyone to socialize and relax a little before exams. All the food (35 pizzas!) was eaten and quite a large amount of soft drink was guzzled down!

Burnie BBQ 24th June 2005

Rustica Burnie held a BBQ at the Atrium Apartments on the 24th June. Yummy BBQ goodies (slightly charred by the cooking efforts of Spotty!!), soon disappeared off plates and Shannon and Dave treated us to some tunes on the guitar. Twelve current members attended and 9 new members signed up. Two Hobart Rustica people also took part.

Proposed Activities for Semester 2, 2005

Date	Event
June 22-24th	Health Careers Camp
July 25th	Skills Night
July 30th	RUSTICA 10 th Anniversary Bush Ball
First 3 weeks of Semester 2	Accredited First Aid: Level 2 Workplace Workshop UNI open days
September 8th	Skills Night 2
September 14th	RUSTICA/TUMMS Quiz Night
September 23-25th	ATSI Adventure Camp
September 22-25th	CRANA Conference
October (TBA)	Mental Health Survival Guide Launch
October 7th	AGM
October (TBA)	CPD Weekend

*Wendy Henderson
(RUSTICA President)*

*Alannah Smith
(RUSTICA Vice President)*