

# **Mid- Year Report**

**July, 2007**

## **RUSTICA Executive and General Committee**

<b>President</b>	Juliana Ahmad
<b>Vice-President</b>	Sandra Zammit
<b>Treasurer</b>	Andrew Tierney
<b>Secretary</b>	Marion Davies
<b>NRHN Senior Rep</b>	Matthew Van Zetten
<b>ATSI Rep</b>	Jade Woon
<b>NRHN Junior Rep</b>	Matthew Cane
<b>Societies Rep</b>	Arella Kier
<b>Media and Publications</b>	Kaylee Nash-Rawnsley
<b>RHSV Rep</b>	Gail Edwards
<b>Pharmacy Rep</b>	Anita Thomas
<b>Newnham Rep</b>	Robert Withington
<b>Launceston Reps</b>	Caroline Mooney & Wendy Henderson
<b>North-West Rep</b>	Dani Buchanan George Chandler
<b>Scholarships Reps</b>	Emma Mitchell & Diane Lim
<b>First Year Reps</b>	Janice Yeh Keith Nicolas Elizabeth Nguyen Ken Hui Yee Luke Hamilton
<b>Second Year Rep</b>	Nick Stacey

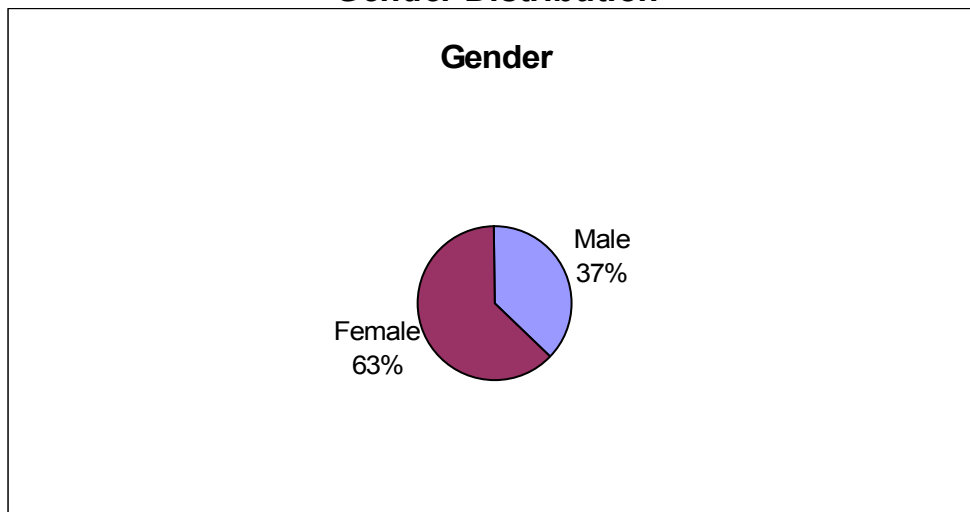
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**PROPOSED ACTIVITIES FOR SEMESTER 2, 2007**

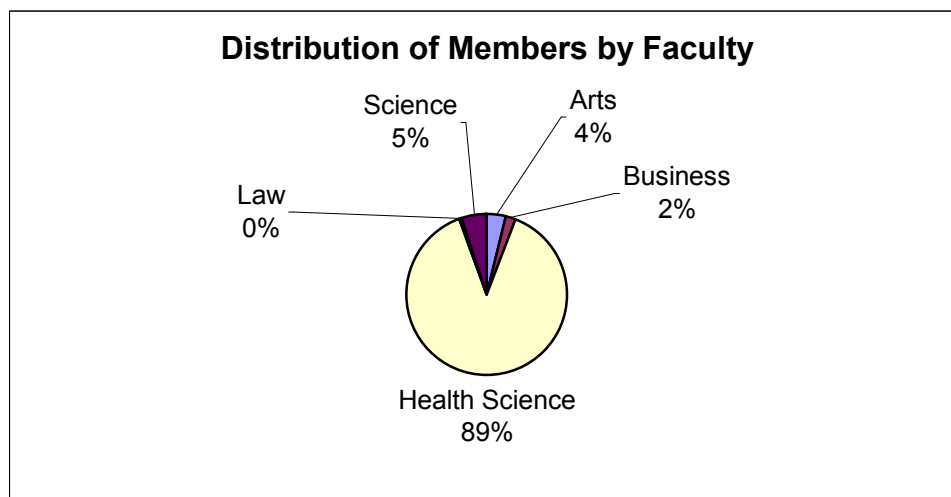
# Member Demographics

## Gender Distribution



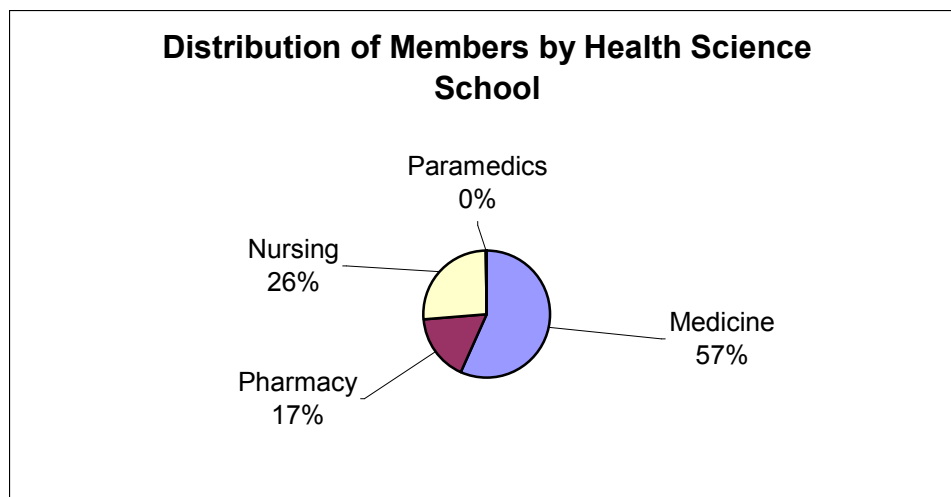
**Chart 1:** Pie Chart showing the gender distribution (where disclosed) of members in 2007.

## Distributions of Members by Faculty



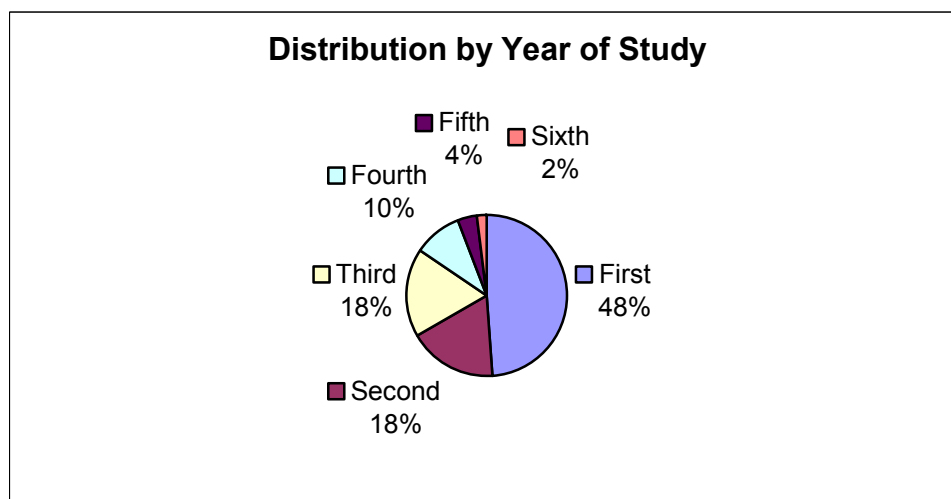
**Chart 2:** Pie chart showing the faculties RUSTICA members study within, note that 89% of members study within Medicine, Nursing, Pharmacy and paramedics.

### ***Distribution of Members by Health Science Course***



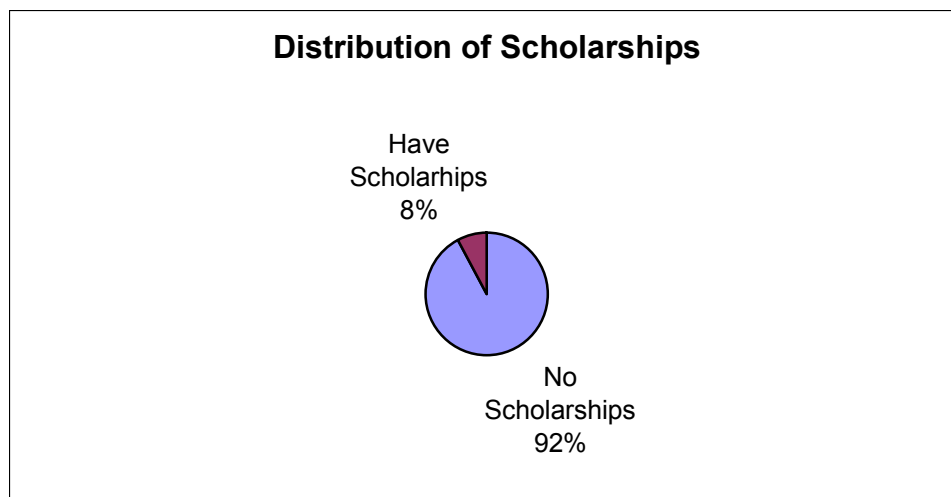
**Chart 3:** *Pie chart showing that over half of respondents are enrolled in medicine and over a quarter are in nursing, note: One member was identified as being enrolled in paramedics.*

### **Year of Study for Members**



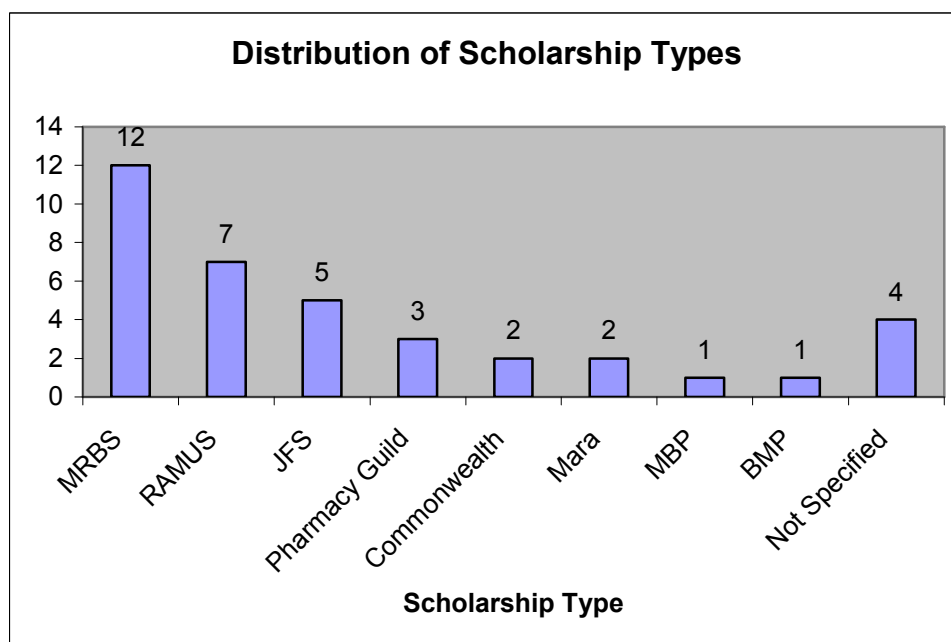
**Chart 4:** *Pie chart showing that almost half of all respondents are first year students.*

## Scholarship Holders



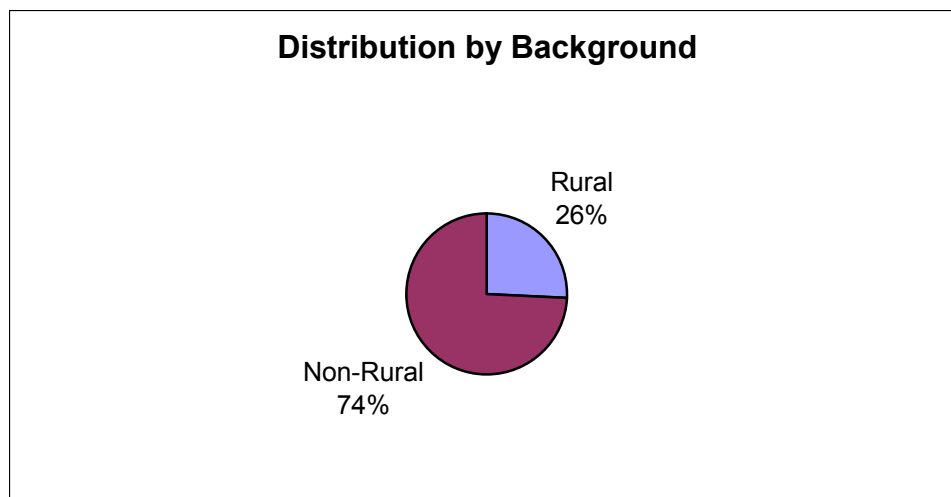
**Chart 5:** Pie Chart showing that only 8 percent of respondents have scholarship assisted study.

## Distribution of Scholarship Supported Members



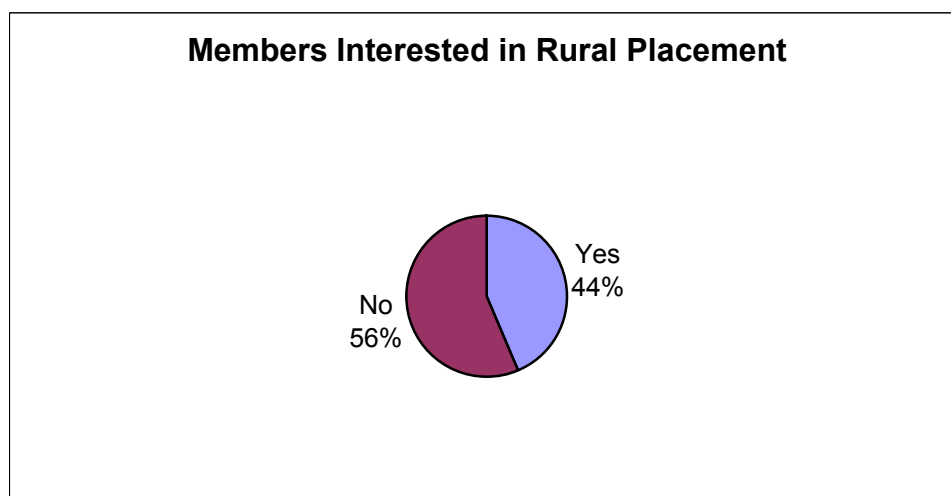
**Graph 1:** Pie Chart showing that the majority of respondents a Medical Rural Bonded Scholarship, a Rural Australia Medical Undergraduate Scholarship, or a John Flynn Scholarship.

## Distribution of Member Origin



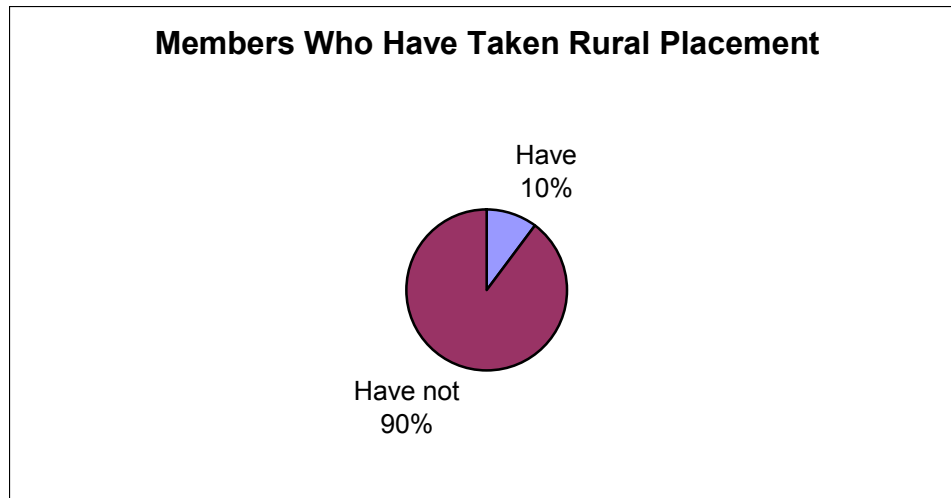
**Chart 6:** Pie chart showing that a quarter of respondents have a rural background.

## Distribution of Intended Career Location



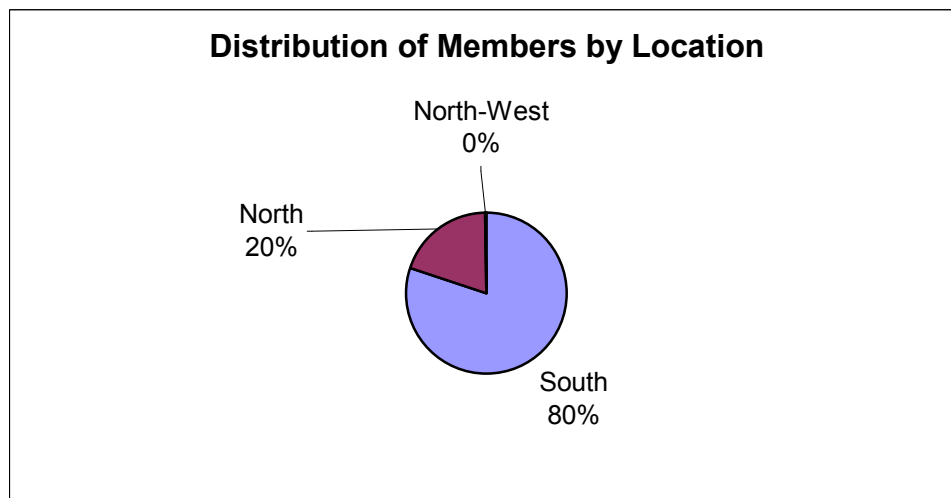
**Chart 7:** Pie chart showing the distribution of members planning to work in a rural area after graduation.

## Distribution of Undergraduate Rural Placement



**Chart 8:** Pie chart showing the members that have already taken a form of rural placement during undergraduate study.

## Distribution of Membership by Branch



**Chart 9:** Pie chart showing distributions of members by geographical location.

### Distribution of Members that Identify as Having Aboriginal Heritage

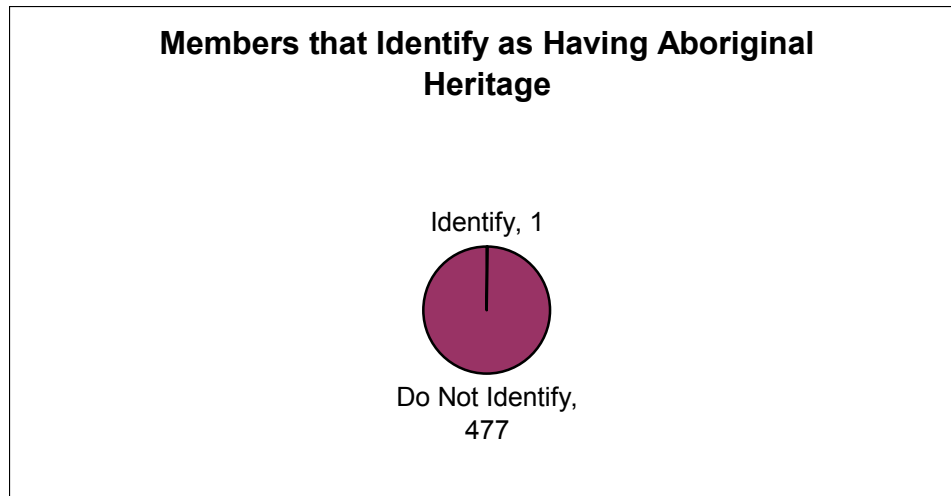


Chart 10: Pie Chart showing that only one respondent identifies with aboriginal heritage.

### Distribution of Members that had taken an RHSV Workshop



Chart 11: Pie chart showing that 8 percent of respondents have participated in a rural workshop during secondary school.

# Reports

## ***President – Juliana Ahmad***

Our activities over the first semester have been very rewarding – for both the committee and our members. Participation has increased from last year, and we are getting positive feedback about a range of activities that we've held this semester.

Although we are losing quite a significant number of our committee members to their respective commitments, we will continue to meet the expectations that our members have on the quality of our activities, if not exceed them.

We also plan to increase Rustica involvement by Pharmacy and Paramedic students – this can be done by holding course specific events, or facilitating integration at our current events.

## ***Vice President – Sandra Zammit***

2007 has been a fantastic year for RUSTICA so far, with a multitude of events already being great successes:

The year kicked off with O'Day for the 1<sup>st</sup> year medical students which was organised by the School of Medicine. Both TUMSS and RUSTICA took this opportunity to spread the word about their respective organisations, and why they should join up. Later, at a free BBQ, we signed up about 20 members.

Next came the NRHN forum, which was held in Albury at the start of March, and I was lucky to be a part of such a fantastic event. I met over 300 other delegates from the nineteen rural health clubs across Australia. The delegates came from all disciplines, including nursing, medicine, pharmacy and allied health, and for four days we brainstormed about how we can promote rural and remote practice to health care students. We also attended the 9<sup>th</sup> biennial NRHA (national rural health alliance) conference where we worked with health professionals with an interest in rural practice. At the end of the conference, a list of recommendations was drafted, to be sent to the Dept. of Health and Ageing. The main concern of the alliance was for Indigenous health, particularly, 'closing the gap.'

I also volunteered to organise the RUSTICA welcome – which was a huge success. About 60 people attended this very cheap and wonderful night out, and the feedback I received from the attendees was great.

In fact, the feedback I have been receiving from RUSTICA members has been nothing but positive – and I can only attribute this to the hard working and dedicated exec and committee of 2007. All events were organised, original and successful. Particularly scholarships night, skills night and the Bruny Island Cultural awareness trip had high attendance and great feedback. Our new nursing rep is getting our nursing colleagues involved, and the presence of

pharmacy in RUSTICA is still strong. I certainly feel that RUSTICA is on track in achieving its aims.

### ***Scholarships Portfolio – Emma Mitchell & Diane Lim***

This year, the Scholarships Representative role is being shared by Diane Lim (Med III) and Emma Mitchell (Med IV). This has enabled us to work smoothly on all aspects of this relatively new role and therefore free up other committee members' time.

So far, four projects have been completed in this portfolio this year:

1. Rustica's annual Scholarships Night in mid-March, which was attended by about 35 medical and pharmacy students who heard presentations on around 15 scholarships available to them.
2. Production and circulation of 'Scholarships for Med Students' and 'Scholarships for Pharmacy Students' documents, which outline the available scholarships for current students of these degrees and include links to application forms for all scholarships mentioned.
3. Updating of the Rustica Bursary Application form.
4. Selection of Rustica Bursary 2007 recipients, which also involved the Rustica Executive.

In addition to this, we are currently assisting Chris Stephens, Rustica's Administrator, in updating the Scholarships Page of the Rustica website. We expect to have that completed soon.

### ***ATSI Portfolio – Jade Woon***

Over the past couple of months, RUSTICA has continued to promote Aboriginal and Torres Strait Islander health and cultural issues.

In May, we held a 'ATSI Cultural Trip' to Bruny Island, Tasmania. 17 RUSTICA members (from a range of year levels) enjoyed learning more about Aboriginal history and significance of Bruny Island. John Dickson from the Palawa Aboriginal Centre took the students around the island, explaining the history and importance of the Murrayfield Shearing Estate (purchased by the ICC), Middens at Barnes Bay, muttonbird rookeries, Adventure Bay and even experienced getting their legs wet whilst catching some shellfish (warraners and limpets) for lunch! The group enjoyed a fulfilling lunch of muttonbird and shellfish amongst other things, before settling down to take part in the "Gumnuts to Buttons" educational package and discuss ATSI health and present cultural issues. The day was enjoyed by all and we are looking forward to the next trip in August.

RUSTICA commemorated Reconciliation Week by holding a lunch for members and a presentation/discussion by Mr Rodney Dillon (ex-ATSO Commissioner for Tasmania). Those in attendance discussed Aboriginal cultural and health issues and where we are at as a nation with regards to true reconciliation and embracement of our Aboriginal heritage.

In addition, I also organised the biannual 'RUSTICA SKILLS NIGHT', comprising of skills sessions on ATSI Health (guest speaker Deborah Hocking), suturing, CPR, intubation, wound care, venepuncture/cannulation etc.

Motions are in place for organization of an event to celebrate NAIDOC WEEK and another cultural trip.

### ***RHSV Portfolio – Gail Edwards***

The first rural high school visit was conducted at the Tasman District High School, located at Nubeena on the Tasman Peninsula. This school has student ranging from kindergarten to Grade 10, with the option of doing grade 11 and 12 by distant education. I and a fellow student were undertaking a prac in the area and were asked to talk to the student about a healthy eating and weight management. At the end of this I decided to add in an extra session on rural health.

We spoke to the year nine class group, which was approximately 25 students. There were two teachers present also. In tying with the theme of healthy eating, we provided students with some fruit for lunch at a cost of around \$25. The university gave us brochures to hand out to the students. These included course guides for University of Tasmania, plus individual brochures on the health careers offered by the university. Others areas that we covered were scholarships, financial assistance, accommodation, year 11/12 information, and the importance of rural health careers and going back into rural health communities.

Nubeena consists of a very low socio-economic population, and the majority of students don't go on to further education after grade 10. In speaking with the students at the end of the presentation, many didn't even know they needed to go to grade 11 and 12 before going to university. Hopefully, our visit encouraged the students to at least go to university, and to consider a health career.

The second round of rural high school visit was completed just before the end of semester and involved a trip to the North-west coast of Tasmania. There were 3 pharmacy students and one medical student who attended. We needed to spend the night in Devonport, as there was an early start the next day. The total cost of the trip was approximately \$500. Topics covered on the northwest trip were accommodation, rural health promotion, scholarships, rural health courses offered here and on the mainland, uni life, social life, and our personal background. Three of the four visitors were from a rural background. Many brochures were available also.

Penguin High School was first on the agenda, and here we spoke to year 10 students. There was a lot of interest from this group, and from the teachers listening. Many students remained at the end to become involved in a discussion,

and take extra pamphlets. The majority that showed interest were female students, but with a wide variety of interests including nursing, physiotherapy and medicine. Hellyer College recently had a visit from Rosalie Maynard to discuss rural health so it was nice to be able to back up what she was saying. Also, students can often relate to people who are currently completing the courses. Mostly, the students wanted to know if their subjects they were doing were the right ones for getting into their course, and how many 'points' they needed. There was a lot of interest in the new paramedics' course. Wynyard High was the last school that we visited. We spoke to a select group of students who had shown interest in a health career. They also seemed to gain a great deal from the talk and invited us back later in the year. It will be worthwhile following this up as the student will be choosing their subjects for college shortly.

### ***NRHN Senior – Matthew Van Zetten***

The first half of 2007 has seen Rustica involved with the NRHN in many ways. This began with 14 of our members travelling to Albury to participate in the NRHN forum – staying strong: thriving in the bush. This was a fantastic opportunity to meet other like minded health students from around Australia, as well as to discuss numerous issues pertinent to rural practice as well as rural health in general. There were also workshops on how to better run a rural health club, to which most of the Rustica executive went – so hopefully we are all more knowledgeable now.

Rustica and the NRHN have also been working together on the issue of Bonded Medical Places. We held a meet and greet between BMP administration and students, which doubled as a great opportunity for students to ask any questions (and there were many) they had regarding the scheme and their futures.

Finally, the NRHN in conjunction with Rustica and several other rural health bodies is in the process of submitting a proposal to DoHA for funding for a 3 day forum in Launceston in 2008, similar to the one held in Albury this year. If successful this will once again provide a fantastic chance to meet other future health professionals interested in rural health. At the same time it will showcase Tasmania to over 220 mainland students, and hopefully interest them enough that they will consider working in Tasmania sometime in the future.

# Activities Summary Semester 1, 2007

## ***Welcome Party***

### **Event**

Rustica Welcome

### **Date**

23/03/07, 7pm

### **Location**

The Black Prince Hotel, Hobart

### **Number Attended**

65 Rustica members

### **Demographics**

55 medical, 9 pharmacy, 1 nursing student.  
 Mostly from Hobart campus  
 Equal distribution of rural and non rural background  
 17 – 45 years of age  
 Equal male and female

### **Number of New Sign Ups**

20 (mostly medical students)

### **Event Details**

Sit down dinner (RUSTICA subsidised half of the dinner).  
 Included a display of RUSTICA, NRHN, CRANA and other publications  
 Lucky door prize purchased from ArtMob and was an original piece of Indigenous art.  
 Feedback from the event was positive, with more members keen to be involved with RUSTICA.

### **Cost**

\$5 x 65 = \$325 for meals  
 \$100 for door prize and decorations  
 1 drink per person = \$375  
 TOTAL = \$800

## ***Societies Day***

### **Event**

Tasmanian University Union Society's Day

### **Date**

21/02/2007

### **Location**

TUU Building car park and refectory steps.

### **Number Attended**

Over 1000 Students.

### **Demographics**

The entire student body.

### **Number of New Sign Ups**

227.

### **Details**

Societies day was yet another great event. A lot of kafuffle leading up to the big day with problems with licensing and the TUU there was some doubt but in the end we got there. Hundreds of new members signed up, bought t-shirts and coolers. We were again one of the more popular societies because of the deals we were able to offer and the promise of an upcoming Bush Barn Dance. Thanks to everyone involved.

### **Cost**

\$924

## ***Pharmacy BBQ***

### **Event**

Rustica and TAPS BBQ

### **Date**

26<sup>th</sup> of March

### **Location**

Pharmacy BBQ Area

### **Number Attended**

50.

### **Demographics**

Majority were pharmacy students and some medicine students.

### **Number of New Sign Ups**

20.

### **Event Details**

On the 26<sup>th</sup> of March, Rustica aided TAPS (Tasmanian Association of Pharmacy Students), in holding a “Welcome Barbeque” for the first year pharmacy students. The main purpose of the barbeque was to raise awareness of Rustica amongst the new pharmacy students, and to encourage membership, as well as involvement in other Rustica events. The day was a huge success, with around twenty new members signing up, adding to the total number of around forty Rustica members present on the day, which is quite a large number for a pharmacy-focused event. The total funds spent were \$100, to provide food for the day. The day was ultimately successful in increasing the awareness of Rustica and at encouraging pharmacy students to become more involved with Rustica and more aware of issues surrounding rural health.

### **Cost**

\$150.

## **NRHN Conference**

### **Event**

NRHN Conference

### **Date**

5<sup>th</sup> – 6<sup>th</sup> of March

### **Location**

Albury

### **Number Attended**

300.

### **Demographics**

All health science disciplines.

### **Number of New Sign Ups**

0.

### **Event Details**

From the 5<sup>th</sup> – 6<sup>th</sup> of March, 2007, I attended the 2007 NRHN conference in Albury. This event was attended by over 300 delegates, all members of the NRHN and subsequently members of at least one of the nineteen rural health clubs across Australia. The delegates came from all disciplines, including nursing, medicine, pharmacy and allied health. This event was funded by the department of health and ageing.

The theme of the conference was 'staying strong – thriving in the bush,' its focus was on maintaining mental healthiness as both a rural student and practitioner. Speakers included Janie Dade Smith, a remote area nurse with years of experience, Jeff Kennett, the former Victorian Premier and current chairman of Beyond Blue and Sarah Chunys, the 2004 NT young Australian of the Year.

The conference also comprised of a series of workshops and seminars. I attended various workshops on 'how to run a rural health club.' As a new member of the RUSTICA executive, these seminars proved invaluable in providing practical tips on how RUSTICA can run more smoothly and efficiently, as well as getting some interesting ideas on some events

### **Cost**

Nil.

## ***Electives night report***

### **Event**

Combined Rustica (Marion) and IMPACT (Libby and Anna) event.

### **Date**

28/03/2007

### **Location**

Hobart Clinical School.

### **Number Attended**

120

### **Demographics**

Medicine students mostly in years 1,2 and 3 (some 4<sup>th</sup> , 5<sup>th</sup> and 6<sup>th</sup> ).

### **Number of New Sign Ups**

25.

### **Event Details**

Domestic Electives: 6pm-7.15pm followed by supper.

Promoting remote and rural Australian medical electives. Electives presented included to Tasmania (RHH DEM) and NTGPE (Katherine and Arnhem Land).

### **Cost**

Funding received from Rustica for catering: \$500 Other: \$500. Total \$1000.

## ***Clinical Skills Night***

### **Event**

Hobart Clinical Skills Night.

### **Date**

02/05/2007

### **Location**

Hobart Clinical School.

### **Number Attended**

100 (+/- 10)

### **Demographics**

All Rustica members from Medicine, Nursing and Pharmacy.

### **Number of New Sign Ups**

25.

### **Event Details**

On the 2<sup>nd</sup> May 2007, RUSTICA held the first of their "SKILLS NIGHTS" for 2007. More than 100 RUSTICA members (medicine, pharmacy and nursing students) from most year levels were in attendance. Practical stations conducted included; Venepuncture/Cannulation, Aboriginal and Torres Strait Islander Health (ATSI), CPR, Suturing, Wound Care. The night provided the opportunity for new and old RUSTICA members to hone their practical skills under the guidance of fellow medical students, paramedics and the Director of ATSI Health here in Tasmania (Deborah Hocking). All stations were a success, with suturing once again proving to be the most successful (we had to run the session 3 times to accommodate the large number of students!). At the conclusion of the evening, RUSTICA provided a dinner once again whilst new members were able to find out about upcoming events!

### **Cost**

\$756

## **Agfest**

### **Event**

Agfest.

### **Date**

Saturday the 5<sup>th</sup> of May.

### **Location**

Carrick

### **Number Attended**

4.

### **Demographics**

Medical and pharmacy students.

### **Number of New Sign Ups**

None.

### **Event Details**

Rustica sponsored trip to Agfest to assist at rural pharmacy stall, 4 Rustica members attended and interacted with several hundred primary and high school students, promoting healthy living to rural families walking by the stand.

### **Cost**

\$246

## ***BMP Night***

### **Event**

Bonded Medical Placement night.

### **Date**

21<sup>st</sup> of May.

### **Location**

Hobart Clinical School

### **Number Attended**

20.

### **Demographics**

Medical students.

### **Number of New Sign Ups**

0.

### **Event Details**

The BMP meet with the representative from Canberra, the AMSA President and the NRHN Secretary on 21 May proved to be beneficial for all who attended. Both speakers and students were able to hold open communication about the contentious issues around the Bonded Medical Place. At the end of the night, everyone went away with having a better idea of the other party's perspective, as well as having a well formed idea of what having a BMP meant. It will be recommended that this event occurs yearly from now on – so that new students will have a proper introduction to their contractual requirements as well as the support programs available to them.

### **Cost**

\$316.

## ***ATSI Lunch***

### **Event**

ATSI Lunch.

### **Date**

31<sup>st</sup> of May.

### **Location**

Hobart Clinical School.

### **Number Attended**

40.

### **Demographics**

Mostly 4<sup>th</sup> and 5<sup>th</sup> year medical students.

### **Number of New Sign Ups**

Nil.

### **Event Details**

The ATSI lunch was held at the Hobart Clinical School on the 31<sup>st</sup> May, at 1pm. It was attended by about 40 RUSTICA members. Most of the attendees were 4<sup>th</sup> year and 5<sup>th</sup> year medical students. The guest speaker, Rodney Dillon (ex ATSI commissioner for Tasmania) talked about various Indigenous Issues, including health, housing and drug and alcohol issues. Those who attended participated enthusiastically, many of them missing class to discuss these issues (the talk went overtime).

RUSTICA also held an ATSI quiz (via email) - the three winners of the quiz were Brad Harvey, Katherine Ngo and Alex Smith, who each won a double pass to the movies, 15 people entered the competition.

### **Cost**

\$285.

## ***CPD Weekend***

### **Event**

Continuing Professional Development Weekend.

### **Date**

31/3-1/4

### **Location**

Shearwater.

### **Number Attended**

7.

### **Demographics**

Medical Students

### **Number of New Sign Ups**

0.

### **Event Details**

The Rural GP Wellbeing Seminar (CPD weekend) run by GP workforce was an excellent excursion for the 7 Rustica members who attended. Not only were the topics on time and stress management extremely relevant for the medical students, but it also allowed us the opportunity to learn about what sort of stressors were faced by rural GPs – in a setting where they were free to express them. It was run by two extremely knowledgeable speakers – who have years in experience of specifically dealing with rural GP issues, as well as post-graduate student issues. Their presentations were well run – with many visual aids and skits facilitating the understanding of their concepts on Wellbeing.

The CPD (Continual Professional Development) Weekend run by GP Workforce is aimed towards educating rural GPs, but they have been so kind to allow medical students to partake in these gatherings. The interaction with the GPs is usually the highlight of the weekend. In this context, we have the opportunity to discuss with our future medical colleagues about the ins and outs of our future occupation – medicine overall, and General Practice specifically (for those interested). I think it is a good opportunity for anyone to get to know more about Medicine from a primary health care view, as well as have a weekend away at a very low cost (Rustica and GP Workforce take care of everything money wise, except for half the cost of the formal dinner)!

### **Cost**

\$737

### ***Rustica Recruitment Drive, Tuesday 17th April 2007***

On Tuesday 17th, Rustica conducted a Recruitment Drive BBQ event at the Launceston Uni campus, signed up approximately 50 members, new memberships. Most members signing up on this occasion were all nursing students. This opportunity to explain Rustica's many roles was well utilised, with members being told of Rustica's planned events for 2007.

The membership form completed by each member signing up surveyed them about their knowledge of the National Rural Health Network so as Rustica can ascertain the level of knowledge amongst its members and thereby identify areas of deficit which need to be better publicised to members.

### ***Rustica Renal Presentation/ Lecture***

Tuesday 24th April 2007

Training session at the LGH on Tuesday 24<sup>th</sup> of April. The guest speaker was Melinda Hay, one of our leading supervisors from Launceston General Hospital, Renal Unit, Melinda gave a presentation covering the renal anatomy and physiology, acute and chronic renal failure, testing methods and treatments, including transplants in conjunction with the effects it has on the rural communities. There was also a chance after the lecture to ask questions and have a look at different dialysis equipment. Fifty Rustica members and ten non-members attended the presentation and these numbers were a mixture of both first and second year nursing students. The evening was informative for all and a great success.

The membership presentation covering the renal anatomy and physiology, acute and chronic renal failure, testing methods and treatments, including transplants in conjunction with the effects it has on the rural communities.

## Profit and Loss Statement

<b>Profit/Loss Statement Between 1/01/2007 and 30/06/2007</b>			
<b>Category</b>	<b>Total (\$)</b>	<b>Category</b>	<b>Total (\$)</b>
Income Categories		Expense Categories	
CPD Weekend Income	68.00	1st and 2nd Year Camp	3300.00
Electives Night Income	1250.00	Administrator Pay	1464.00
Funding	14000.00	Agfest	246.75
Investment Income	38.34	Albury Conference	219.00
Membership Income	883.30	ATSI	363.00
Scholarships Night Income	250.00	ATSI Camp	649.59
Societies Council Funding	1130.00	ATSI Conference	262.00
Unknown Income	35.00	ATSI Lunch	285.15
Welcome Income	751.30	BMP Meeting	316.15
<b>Total Income Categories</b>	<b>18405.94</b>	Bursary	5650.00
		Class Bursary	13.60
		CPD Weekend	737.75
		Electives Night Expenses	1000.00
		First Aid Course Expenses	114.00
		Library Books	59.95
		Med Orientation	397.57
		Meeting Food	387.85
		Membership Cards	96.80
		Office Supplies	323.05
		Pharm Orientation	150.00
		Phone Charges	37.95
		Photo Comp Prizes	57.50
		Photocopy Charges	605.90
		Promotion	2594.58
		RSA Course	150.00
		RSV	546.30
		Scholarships Night Expenses	406.80
		Skills Night Expenses	756.44
		Societies Day Expenses	924.25
		Website	37.95
		Welcome Expenses	1017.50
		<b>Total Expense Categories</b>	<b>23171.38</b>
		<b>Grand Total</b>	<b>-4765.44</b>
		Balance as at 1/1/2007	16992.76
		Balance as at 30/6/2007	12227.32

UDRH Funding: ATSI Camp 26%, ATSI Lunch 11%, Bursaries 20%, Office Supplies 6%, RHSV 21%, Scholarships Night 16%.

## Proposed Activities for Semester 2, 2007

<b>Event</b>	<b>Date</b>	<b>Location</b>
Rural High School Visits	Various Dates.	Newstead, Campbell Town, Oatlands, Devonport, St Helens, St Marys, Bicheno
NAIDOC Week	9 <sup>th</sup> – 15 <sup>th</sup> of July	Hobart
Clinical Skills Night	14 <sup>th</sup> of August & TBA	Hobart & LGH, Newnham and North-West respectively.
Quiz Night	29 <sup>th</sup> of August	Hobart
GP Night	19 <sup>th</sup> & 20 <sup>th</sup> of September	Hobart & Launceston respectively.
Mental health Week	24 <sup>th</sup> -28 <sup>th</sup> of September	Hobart
Camp	18 <sup>th</sup> of August	Kooparooka Niara, Great Western Tiers
AGM	20 <sup>th</sup> of September	Hobart

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*Juliana Ahmad*  
 (RUSTICA President)

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*Sandra Zammit*  
 (RUSTICA Vice President)